



FAYETTEVILLE TECHNICAL
COMMUNITY COLLEGE

FUTURE
STUDENTS



CURRENT
STUDENTS



MILITARY
STUDENTS



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What Counseling Services are available to me?

FTCC has implemented the Student Assistance Program as a service to students, employees, and their family members. This program can help you detect and find help for problems like:

- Mental or Emotional Distress
- Alcohol Abuse or Alcoholism
- Drug Use or Addiction
- Work-Related Stress
- Family Stress
- Financial or Legal Problems
- Grief and Mourning

Just as all of us occasionally suffer from some physical illness or disability, all of us at some time in our lives are sure to have minor personal or emotional problems.

Most of the time, these problems can be solved, often more easily than we think. If some problems are left untreated, however, they can seriously damage a person's health, family life, and work performance.

Unfortunately, many people simply don't want to share their problems with others or they don't know where to find help.

These issues, and many others, can be successfully treated if they are detected early. Like most things in life, the sooner you take action, the quicker you will see results.

Since it is in the best interest of the college, as well as its students and employees, to promote a healthy work environment, this program has been adopted.

What does it cost?

There is no cost to FTCC students, referred by a FTCC counselor to receive an evaluation by an Assistance Program consultant. Expenses for further treatment after the evaluation and referral will be provided according to the terms one's individual health insurance program, or on a sliding scale.

Will anyone know?

Confidentiality is a vital part of this program. No one at FTCC needs to know about your personal problems. The Assistance Program consultants are trained professionals who can meet with you at your convenience, at their office or yours. Your conversations will be kept private, and you will be treated with care and compassion.

What if my problem involves illegal drug use?

The use and abuse of drugs and alcohol are subjects of immediate concern in our society. These problems are extremely complex and ones for which there are no easy solutions. From a safety perspective, the users and/or abusers of drugs or alcohol may impair the well-being of all faculty and staff, students, the public at large, and result in damage to college property. Therefore, in compliance with the Federal Drug-Free Workplace and Drug-Free Schools and Campuses Regulations, it is the policy of this college that the unlawful use, possession, manufacture, distribution, or dispensation of a controlled substance or alcohol, is prohibited while in the college workplace, on college premises, or as part of any college-sponsored activities. Any student violating this policy will be subject to disciplinary action up to and including termination or expulsion and referral for prosecution.

Click [here](#) to request assistance.

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Revised: May 1, 2009.

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