



FAYETTEVILLE TECHNICAL
COMMUNITY COLLEGE

FUTURE
STUDENTS

CURRENT
STUDENTS

MILITARY
STUDENTS

CONTINUING
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FTCC



GROUP COUNSELING &
WORKSHOPS

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Group Counseling and Workshops

Counseling Services provides a variety of small group experiences.

Personal growth groups - For those students who wish to improve communication or interpersonal skills may participate in growth groups where they can experiment with new types of behavior in a safe and accepting environment.

Decision-making workshops - Where students can gain insight regarding their interests, abilities, and decision-making styles, as well as the world of work, while participating in career decision-making workshops.

Fayetteville Technical Community College Counseling Services offers a variety of workshops in different areas, but are not limited to the following:

ABC's of College Transfer
Allied Health Information Sessions
[Career Planning](#)
College Success Enrichment
Conflict Resolution
[Counselor or Advisor](#)
Goal Setting
Health Program Information
How to Get Ahead and Stay Ahead
[Introvert or Extrovert](#)
Math/Test Anxiety
Myers-Briggs Type Indicator Administration
Parenting 101
Parents for Higher Education (PFHE)
Second Chance
Special Populations
Stress Busters
Stress Management/Reduction
Study Skill Success
The DISCOVER Experience (Career Counseling)
[Test Preparation](#)
[Time Management](#)

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